



2017 Phillips 66 National Championships and World Championship Trials

Tuesday, June 27th - Saturday, July 1st

**Indiana University Natatorium
901 West New York Street
Indianapolis, IN 46202**

**Hosted by Indiana Swimming
in partnership with Zionsville Swim Club**

Entry deadline is Tuesday, June 20, 2017

These championships and associated time trials are sanctioned by USA Swimming

**2017 Phillips 66 National Championships and
World Championship Trials
Indiana University Natatorium
Indianapolis, IN**

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**2017 Phillips 66 National Championships and
World Championship Trials
Indiana University Natatorium
Indianapolis, IN**

Important Facts About the Meet



- ◆ This meet will serve as the selection event for the USA National Teams competing at the 2017 FINA World Championships, the 2017 World University Games, and the 2017 FINA World Junior Championships. For complete National Team selection criteria, please refer to usaswimming.org.
- ◆ **Entry Deadline:** All U.S. entries must be made online at usaswimming.org/ome no later than Tuesday, June 20, 2017, by 11:59 p.m. Mountain Time. The entry system will open May 2, 2017.
- ◆ **New Qualifying Swims:** Swims achieving the qualifying time standards for the first time from Tuesday, July 20, 2017, through Sunday, June 25, 2017, may be entered through OME under the title "2017 Nationals: New Qualifying Swims". These entries must be submitted no later than 11:59pm Mountain Time on Sunday, June 25, 2017, and cannot be used to improve the seed time of a prior entry. Normal entry fees apply.
- ◆ The qualification period for this event is July 1, 2016 through the entry deadline.
- ◆ The "C" final will be limited to the top 18-under U.S. athletes (i.e. those athletes eligible to represent the U.S. in international competition) that do not qualify for the "A" or "B" final.
- ◆ Athletes who are 18 and under, who have qualified in one or more individual events, may enter and swim in up to two bonus events, provided they have achieved the published "Bonus Time Standards." There will be no bonus events for athletes over the age of 18.
- ◆ Time Trials will be conducted for swimmers who compete in the meet, provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session.
- ◆ This event will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations. As provided in this section, the Steering Committee and the Vice President of Program Operations have established that the penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched will be one of the following:
 - Being barred from all further individual and relay events of that day as prescribed in section 207.11.6, or
 - Payment of a fine of \$200
- ◆ Swimmers may qualify for the 800 and 1500 Freestyle events with either the 800 time standard or the 1500 time standard.
- ◆ There will be no relays or team scores at this competition.
- ◆ Foreign athletes (those who are ineligible to represent the USA in international competitions) will not be allowed to swim at this competition, unless approved the USA National Team Director.
- ◆ At the discretion of the Meet Referee, the preliminary sessions may be conducted using "Flyover" starts and/or in an A/B flighted format. Details of any changes to normal meet operations protocol will be announced at the technical meeting.
- ◆ It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book and information or changes announced at the Technical Meeting.

Meet Administration



Facility Address

Indiana University Natatorium on the Campus of IUPUI
901 West New York Street
Indianapolis, IN 46202
317-274-3518

Meet Referee

Jay Thomas
954-873-3370
jayfthomas@gmail.com

Meet Director

Arlene McDonald
Indiana Swimming
317-442-2166
indyarlene@gmail.com

Assistant Meet Directors

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Zionsville Swim Club
703-307-3343
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Zionsville Swim Club
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USA Swimming Vice President, Program Operations

Dan McAllen
214-316-9215
d.mcalleniii@sbcglobal.net

USA Swimming National Events Director

Dean Ekeren
719-866-4578
dekeren@usaswimming.org

Meeting Schedule

Monday, June 26	5:00 p.m.	Technical Meeting	IUPUI Lecture Hall (Maps will be provided)
Tuesday, June 27	7:30 a.m.	Officials' Meeting	Track Tunnel Lobby, NW corner of Natatorium

All subsequent officials' briefings will be held one hour prior to the start of each session

Broadcast Statement

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator or participant may be used solely for such spectator or participant's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

Order of Events



2017 Phillips 66 National Championships and World Championship Trials

Heats Begin at 9:00 a.m.

Finals begin at 6:00 p.m.

Women's Events

Day 1 – Tuesday, June 27

Men's Events

1	200 Butterfly	2
3	100 Freestyle	4
5	Women's 800 Freestyle	-
-	Men's 1500 Freestyle	6

Day 2 – Wednesday, June 28

7	200 Freestyle	8
9	200 Breaststroke	10
11	200 Backstroke	12
13	50 Butterfly	14

Day 3 – Thursday, June 29

15	400 Individual Medley	16
17	100 Butterfly	18
19	50 Breaststroke	20
21	50 Backstroke	22

Day 4 – Friday, June 30

23	400 Freestyle	24
25	100 Breaststroke	26
27	100 Backstroke	28

Day 5 – Saturday, July 1

29	Women's 1500 Freestyle	-
30	200 Individual Medley	31
-	Men's 800 Freestyle	32
33	50 Freestyle	34

On Day 1 and Day 5, the 800m and 1500m freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the fastest heat of each race swum during the evening session. All other heats will be scheduled so the second fastest heat of the Men's event finishes approximately one hour prior to the start of the evening session.

Qualifying for the 50m Backstroke, 50m Breaststroke, and 50m Butterfly must be done with qualifying times in the corresponding 100m events. Seeding for these events will be by the corresponding 100m entry times.

Tickets and Accommodations



Tickets Information

Pre-sale tickets for all-session passes can be purchased online at usaswimming.org/nationals beginning March 1st. Day passes (prelims and finals of the same day) and individual session tickets will be sold only at the IU Natatorium ticket kiosk beginning on Monday, June 26.

All-Session Tickets: Available online March 1 – May 1

All-Session General Admission: \$85
(online price for all-session tickets purchased by May 1; includes heat sheets for all sessions)

All-Session Tickets purchased May 2– June 27

All-Session General Admission: \$95
(price for all-session tickets purchased after May 1; includes heat sheets for all sessions)

Day Pass – Prelims & Finals of the Same Day (available at the venue beginning on June 26)

General Admission Adult: \$18
General Admission Youth (Ages 6-13): \$10

Single-Session Pass (available at the venue beginning on June 26)

General Admission Adult: \$10
General Admission Youth (Ages 6-13): \$5

Admission is free for children ages 6 and younger. Customary ticketing fees will apply to all sales. The ticket kiosk at the Natatorium will be open from 9:00 AM – 3:00 PM on Monday, June 26, and 90 minutes prior to the start of each competition session. There will be no refunds or exchanges on tickets.

For questions or more information on tickets, please contact John Mybeck at john@inswimming.org.

Heat Sheets
Prelims Heat Sheet: \$5.00
Finals Heat Sheet: \$2.00

Airlines serving Indianapolis

United	800-864-8331
Air Canada	800-247-2262
Allegiant	702-505-8888
American	800-433-7300
Delta	800-221-1212
Frontier	801-401-9000
Southwest	800-435-9792
Onejet	844-663-5381
Vacation Express	800-486-9777

Car rental agencies

Alamo	800-327-9633
Avis	800-230-4898
Budget	800-527-0700
Dollar	800-800-3665
Enterprise	800-736-8222
Hertz	800-654-3131
National	800-227-7368
Thrifty	800-847-4389

Off-Airport Rental Car Agency

ACE	877-822-3872
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In addition to taxis, IndyGo's Route 8 offers shuttle transportation seven days a week, early morning to late night, with departures from the airport every half hour for most of the day to convenient locations near major downtown hotels. Board at the Ground Transportation Center, Zone 6. Visit indygo.net for more information.

Shared-ride and personal luxury limousine service is available in the Ground Transportation Center located on the first floor of the parking garage. Uber and Lyft also offer service at the airport with pickup locations at the Ground Transportation Center.

Directions to Pool from Airport

- ◆ From the airport, follow signs onto I-70 E.
- ◆ Continue on I-70 E. for approx. 4 miles, and take Exit 79A (West Street).
- ◆ Turn North (left) onto West Street; continue to New York Street
- ◆ Turn West (left) onto New York Street; continue to Blake Street
- ◆ Turn South (left) onto Blake Street to Ohio Street (1st stop sign)
- ◆ Turn West (right) onto Ohio Street and into the Natatorium Sports Garage

Hotels

Marriott is a proud sponsor of USA Swimming. USA Swimming has partnered with Pse Tournament Housing to provide attendees/groups with the best available rates. Hotels have been carefully selected to ensure quality and are within close proximity to the venue. Rooms will book up quickly so please book well in advance.

View hotels and book online: <https://pse.tournamenthotels.com/pse/Event/918> or book by phone at 888-417-6446.



Site Information



Publicity

Any swimmer competing in the championship final of an event for the first time at this meet should be sure that his/her biographical information is on file with the USA Swimming media staff.

Information/Lost & Found

Lost and found will be located in the East Control Room on the deck level of the Natatorium and at the Ticket Booth on the spectator concourse. A guest services information desk will be located in the upper concourse area of the facility and will be staffed during the hours posted.

Lockers

Four (4) locker rooms, two (2) men's and two (2) women's, exist adjacent to the competition pool with ample locker space. Athletes and officials must provide their own locks. The IU Natatorium and the meet hosts will not be held liable for lost or stolen items.

Medical Assistance

Athletic trainers from Hendricks Regional Health Sports Medicine will be available in the East Control Room on the pool deck during the facility hours of operation. Daily physician sick call and 24-hour emergency assistance will be available; details for those services will be provided in the coach packets. Sports massage therapists will not be provided.

Parking

All-session parking passes for the attached Natatorium Sports Garage will be available to coaches in their coach packets based on the number of competing swimmers as follows: 1-5 swimmers: 1 pass; 6-10 swimmers: 2 passes; 11-15 swimmers: 3 passes, etc. Officials will also receive all-session parking passes for the attached garage upon request.

Spectator parking will be available in the attached Natatorium Sports Garage for \$6 per entry, credit or debit cards only (no cash). Prices are determined by IUPUI Parking Services and are subject to change.

Concessions

Concessions will be provided by Chartwells, the official University caterer, on the main concourse of the IU Natatorium during competition hours.

Hospitality

A hospitality room for the coaches and officials will be located on the south pool deck level directly behind the diving towers. Food and beverages will be offered throughout the day. An athlete hospitality area will be located on the south pool deck behind the diving towers.

About the Facility

The IU Natatorium, located on the campus of IUPUI in downtown Indianapolis, was completed in 1982 at a cost of \$21.5 million. The IU Natatorium has three pools (competition pool, instructional pool, and diving well) which combined hold over 2.1 million gallons of water. The main competition pool has

been proclaimed one of the fastest pools in the world, with 120 American and 18 World records having been broken here. Athletes from around the world have competed at the IU Natatorium, which is also open daily for lap swimming, instructional programs, and camps. The diving well boasts eight diving boards and five platforms. The US Olympic Team Trials-Swimming were held here in 1984, 1992, 1996 and 2000. The names of all the team members who have qualified for an Olympic Team here are inscribed on the south wall of the Natatorium. A two-year, \$20 million renovation was completed at the Nat in April of 2017.

Pool Hours

Sunday, June 25	9:00 a.m. - 9:00 p.m.
Monday, June 26	6:00 a.m. - 9:00 p.m.
Tuesday, June 27	6:00 a.m. - 1 hour after finals
Wednesday, June 28	6:00 a.m. - 1 hour after finals
Thursday, June 29	6:00 a.m. - 1 hour after finals
Friday, June 30	6:00 a.m. - 1 hour after finals
Saturday, July 1	6:00 a.m. - 1 hour after finals

Credential Pick-Up

Teams arriving during times other than the Credential Pick-Up times listed below will be given temporary day passes by security personnel at the deck entry to allow athletes immediate access to the facility. Coaches should return during the designated Registration times to pick up official meet credentials and coach packets.

Credentials and coach packets (including garage parking permits) can be picked up in the Registration area on the upper concourse of the Natatorium during the following hours:

Sunday, June 25	9:00 a.m. - Noon and 1:00p.m. - 8:00 p.m.
Monday, June 26	7:30 a.m. - Noon and 1:00 p.m. - 8:00 p.m.
Tuesday, June 27	7:30 a.m. - Noon and 1:00 p.m. - 1 Hr after Finals
Wednesday, June 28	7:30 a.m. - Noon and 1:00 p.m. - 1 Hr after Finals
Thu June 29 - Sat July 1	See volunteer at the Volunteer Check-In table at the bottom of the stairs leading to the east deck entry (garage side)

Team Banners

Team banners will not be allowed at this event.

Credentials

Restricted access to the facility will be strictly enforced. Please wear your credential at all times. There is a \$50 replacement charge for lost credentials.

Entering the Meet



Entering Online at usaswimming.org/ome

All Entry questions should be directed to Jaime Lewis at USA Swimming (jlewis@usaswimming.org or 719-866-3581).

All U.S. entries must be made online at usaswimming.org/ome no later than Tuesday, June 20, 2017, by 11:59 p.m. Mountain Time. The entry system will open May 2, 2017. You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover.

OME is not an eligibility report. It is the coach's responsibility to know for which events your athlete is qualified. You can modify your entry online by adding to the original entry. You may not delete an online entry once it has been submitted/paid for. Once you complete your online entry, you will be sent confirmations via e-mail. Please keep all of these and bring them with you to the meet (just in case).

Drug waiver forms will automatically be sent to you via e-mail after the entry deadline closes. Please have these filled out and bring them with you to the meet.

Qualifying Period

The qualification period for this event is July 1, 2016 through the entry deadline.

Entry Fees:

\$15.00 per individual event
\$20.00 per credentialed coach

Number of Events

A swimmer may only swim three (3) individual events per day (including time trials). A swimmer may enter any number of individual events in which the qualifying time standard has been met. All entry times must be proven.

New Qualifying Swims

Swims achieving the qualifying time standards for the first time from Tuesday, July 20, 2017, through Sunday, June 25, 2017, may be entered through OME under the title "2017 Nationals: New Qualifying Swims". These entries must be submitted no later than 11:59pm Mountain Time on Sunday, June 25, 2017, and cannot be used to improve the seed time of a prior entry. Normal entry fees apply.

Foreign Entries

Foreign athletes (those who are ineligible to represent the USA in international competitions) will not be allowed to swim at this competition.

Late Entries

Any team or athlete missing the entry deadline will be permitted to enter late, subject to the following requirements:

- A. Late entries must be submitted through the Online Meet Entry system (OME);
- B. Late entries must be submitted no later than 11:59 p.m. Mountain Time on *Sunday, June 25, 2017*;
- C. The team or athlete must pay a one-time processing fee of \$150.00, *and* pay entry fees of \$30 per individual event.

Bonus Entries

Athletes who are 18 and under, who have qualified in one or more individual events, may enter and swim in up to two bonus events, provided they have achieved the published "Bonus Time Standards." There will be no bonus events for athletes over the age of 18.

Secondary Club Recognition

The online entry form contains a space for secondary "club recognition." You may enter a second club for each of your athletes if you wish. The secondary club will be listed in the psych sheet, meet roster and heat sheets, if space is available. Each athlete will have only 16 characters for both his/her club and his/her secondary club. The club does not need to be a USA Swimming member club. It may be any club that your athlete wishes to recognize. Listing this club is for recognition purposes only. Listing this club has nothing to do with representation, team scoring or credentials.

Waiver and Release Form

The USA Swimming Waiver and Release Form will be automatically generated by the online system. These forms must be submitted at the registration desk. Make copies as needed for each swimmer. Having this completed will save time during check-in at the competition site. Additionally, a parent or legal guardian must sign form if a swimmer is under the age of majority in his/her home state.



Rules

USA Swimming Rules and Regulations will govern the conduct of these Championships. It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book. No U.S. swimmer will be permitted to compete unless he/she is a member as provided in Article 302. Any U.S. swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. This event and associated time trials are held under the sanction of USA Swimming. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Membership Requirement

All persons expecting to receive a deck pass should be prepared to show a current USA Swimming membership card. Non-members who have successfully completed the Athlete Protection Training (APT) course and a USA Swimming background check may join on site at the registration check-in desk. Information regarding the APT course and the background check will be available at meet check-in and is also online at usaswimming.org/protect. Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents, and must have successfully passed the required background check and APT Course.

No swimmer will be issued credential without a coach member present. If the home club coach is not planning to attend event, swimmer must be assigned a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued.

SWIMS Database—Proof of Time

Times from the following will be in SWIMS, the national times database. Times in the database are not automatic entries to meets.

- A. USA Swimming Sanctioned competition
- B. USA Swimming Approved competition - Check two weeks before the competition to assure the meet has been approved by the LSC, and prior to the start of the competition, ask the Meet Director for the procedure for getting a time into SWIMS.
- C. USA Swimming Observed swims - Be sure a proper request for an Observed Swim is made according to guidelines appearing in the USA Swimming SWIMS Time Module Policy Manual, and prior to the start of the meet, verify that proper procedures are in place for the Observed swim.
- D. The time of any swimmer recorded while legally representing a USA Swimming club, secondary school, college or university within the appropriate time frame may be used in proving relay entry times and that swimmer does need to be entered in the championship in question or currently representing that club. Relay times belong to the team. Individual times belong to the swimmer.

Entering Official Times

Individual Events - All individual entry times must be made prior to the entry deadline and must be proven prior to the scratch

deadline for that event through the SWIMS Database. No swimmer will be permitted to swim without said proof. Program Operations reserves the right to challenge any submitted time. All scratches must be proven.

Responsibility Clause

The coach, swimmer or swimmer representative who enters a USA Swimming Championship thereby attests that all times stated are true and correct as achieved qualifying times for each event entered. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$100 penalty payable to USA Swimming for each such time entered, unless absolved of the fine by the Vice President of Program Operations or designee or Board of Review. Additional action or penalty may be taken or levied as deemed appropriate by the USA Swimming.

Such penalty shall also be levied against any USA Swimming verification officer who knowingly entered such a false time(s) into the SWIMS Database.

Appeal of fines are to be made to the Vice President for Program Operations or designee and/or Board of Review. Any appeal of the decision of the Vice President for Program Operations or designee shall be in accordance with the provisions of Part Four, specifically Article 405.

Automatic Proven Times

Times submitted to the USA Swimming SWIMS database no later than 20 days prior to the Championships will be in the database. If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times/Time Standards) and it was swum in the appropriate qualifying period, it is considered a proven official time. Entry times not proven by the scratch deadline for the event will be considered as false or incorrect times and are subject to action under provisions of the USA Swimming Rules and Regulations.

SWIMS data entry from properly authorized and observed college meets must be requested. These times will not be automatically placed in the database. Times from all major international championships will be automatically entered in the database. Times from any other meets in which National time standards were met must be requested from the SWIMS Time Official in the LSC in which the meet was held. LSC officials may charge a fee for data entry requested after the meet ends.

Registration

Credentials for this event will be provided at no charge for participating athletes and officials who are members of USA Swimming. Credentials for coaches, managers and chaperones to serve as deck passes for this event shall be issued to those persons listed on each team's deck pass request list in OME. These deck credentials cost \$20 each and are issued according to the following schedule, based upon the total number of participating athletes. There shall be a surcharge of \$20 per person for spectator passes, which money shall become the property of the meet host. For clubs that wish to bring one certified massage therapist with their teams, a \$50 surcharge will apply if the massage therapist exceeds the deck pass formula below. These funds shall become the property of the meet host. All massage therapists must be non-athlete members of USA Swimming.

1-3 swimmers in individual events: 1 deck pass; 1 spectator pass.

4-6 swimmers in individual events; 2 deck passes; 1 spectator pass.

Championship Procedures



- 7-9 swimmers in individual events; 3 deck passes; 1 spectator pass.
 - 10-20 swimmers in individual events; 4 deck passes; 2 spectator passes.
 - 21-30 swimmers in individual events; 5 deck passes; 2 spectator passes.
 - 31-40 swimmers in individual events; 6 deck passes; 3 spectator passes.
 - 41-50 swimmers in individual events; 7 deck passes, 3 spectator passes.
 - 51 or more swimmers in individual events; 9 deck passes; 5 spectator passes.
- Unattached swimmers with a team shall be included in above schedule even if listed on separate entry blank.
- Unattached swimmers not with a team: 1 deck pass; 1 spectator pass.

Check-In

Coaches are responsible for all business conducted at the Technical Meeting. If, for any reason, you cannot attend the meeting, be sure to find out what occurred. You must arrive prior to the scratch deadline for your swimmer's first event to prove times if necessary.

- A. Start with the person that is checking the swimmers' and coaches' membership in USA Swimming. Have your coach membership card with you. To avoid any problems with your swimmers, have their membership cards as well.
- B. Review the psych sheet posted by the Times desk and make sure your swimmers do not have an asterisk (*) by their time.
- C. In the event of an asterisk, go to the Times desk immediately and clear the time. It is your responsibility to do this. If it is not cleared by the scratch deadline, the swimmer will be scratched from the event. If a time cannot be proved, the coach is subject to a \$100 fine. You should make sure all your athletes' times are in the SWIMS database.
- D. If you have a distance swimmer (800 meter or 1500 meter), he/she must be checked in prior to the scratch deadline in order to be seeded.
- E. Check your scratches - make certain they are correct and submitted on time. Do not let your swimmer miss his/her best event because you failed to scratch an entry.
- F. Follow all proof of time, scratch and distance event entry procedures by the required deadlines as published.

Warm-Up and Safety

Program Operations will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed with the meet information at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored by the Meet Referee (or his/her special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals. The main competition pool will be reserved the last 60 minutes for swimmers competing in that session's events.

Scratch Procedures

- A. Location of Scratch Box
 - ◆ The scratch box will be located at the Registration Desk prior to the start of the meet and until the Technical Meeting.
 - ◆ It will be at the Technical Meeting.
 - ◆ After the Technical Meeting, the scratch box will be located with the Clerk of Course for the remainder of the meet.

B. Scratch Deadlines:

- ◆ The scratch deadline for the first day's events shall be fifteen (15) minutes after the Technical Meeting is adjourned. The scratch deadline for all subsequent day's events shall be thirty (30) minutes after the time established for the start of the finals sessions.

Scratch Rules

This event will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations. As provided in section 207.11.6F of those rules, the Steering Committee and the Vice President of Program Operations have established that the penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched in accordance with sub-paragraphs 207.11.6A and B will be one of the following:

- ◆ Being barred from all further individual and relay events of that day as prescribed in section 207.11.6C, or
- ◆ Payment of a fine of \$200

Until the fine is paid, the swimmer will be barred from all further individual and relay events as prescribed in section 207.11.6C.

Ready Room

A Ready Room, located on the west pool deck, diving well end, will be used for these Championships prior to each finals heat. Each swimmer must report to the Ready Room no later than five minutes preceding the event.

Awards Staging

All medalists in each event should report to the Awards Staging Area in full team warm-up attire immediately following the "A" Finals for their event.

Distance Freestyle

- A. Distance Entry - Any swimmer who qualifies for the 800m or 1500m freestyle events may enter at his/her fastest time or at the qualifying time standard, if entered in two or more individual events on the day of the distance freestyle.
- B. Distance Check-in and Seeding - Entrants in the 800m and 1500m freestyle must check in and confirm their intention to compete before the scratch deadline in order to be seeded. Seeded heat sheets will be published at the end of finals the evening before. The swimmers will be listed in the psych sheet in the order of submitted times, beginning with the fastest.
- C. The 800m and 1500m freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the fastest heat of each race swum during the evening session. All other heats will be swum so the second fastest heat of the Men's event finishes approximately one hour prior to the start of the evening session.
- D. Swimmers may qualify for the 800 and 1500 Freestyle events using either the 800 or 1500 qualifying standards (i.e. the conforming or non-conforming distance event standards).

Seeding

For these Championships, the seeding order is:

1. long course meters (LC)
2. short course yards (SY)



Finals Session Event Order

There will be a bonus, consolation, and championship final in each individual event at this Championship (except the 800m and 1500m freestyle events, which will have a championship final only). The order of the final events shall be C, B and A (bonus, consolation and championship). The "C" final will be limited to the top 18-under U.S. athletes that do not qualify for the "A" or "B" final.

Meet Scoring

Scoring will be on a sixteen (16) place basis. Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.

Results

After each evening's finals at these championships, the results will be available at usaswimming.org/nationals.

Awards

- A. Individual Awards—Medals will be awarded to all place winners in the "A" final. An "18&Under" National Champion medal will be presented to the highest placing 18&under swimmer in each individual event.
- B. Individual High Point Awards - Male and Female Awards will be given at the Phillips 66 National Swimming Championships. These awards are named after Robert J. Kiphuth, the great swimming coach from Yale University.
- D. Phillips 66 Performance Award - This award, sponsored by USA Swimming corporate partner, Phillips 66, is presented to the swimmer who achieves the single most outstanding performance of the meet, based on the FINA power points system. The presentation ceremony takes place during the relay break on the final evening.

Video Review

USA Swimming will be providing a "VIDEO REVIEW" station on deck for coaches and athletes. Club Development Sport Performance Consultants will make video of all races available shortly after the each heat is completed. Coaches (and athletes) have the option to bring their own flash drive and we can download the race for them. Look for the USA Swimming Video Review banner and stop by with your athlete to watch and review video of your athletes' races. There is no charge for this service. Time Trials video will not be available.

Time Trials

Time Trials will be conducted for swimmers who compete in the meet, provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session. These Time Trials shall be held under a separate sanction and shall be limited to a maximum of one hour each day.

- A. Registration for Time Trials will be open at the Clerk of Course table on the west pool deck from 8:00 AM until one hour prior to the scheduled finish of the preliminary session each day and will open back up during each evening's finals session.
- B. Time Trials will be conducted in long course meters each day.
- C. A swimmer is limited to a maximum of two Time Trials during the course of the Championships.

- D. A swimmer must be entered in the meet with a proven time to participate in the Time Trials.
- E. Except as noted below, long course Time Trials shall be swum in the order listed under the meet program as follows:
 - ◆ First Day: that day's events, followed by the remaining events in the meet.
 - ◆ Remaining Days: that day's events, followed by the remaining events in the meet.
 - ◆ The 800 and 1500 Freestyle will typically be offered on only one day of the meet. The day will be determined by the Meet Referee, depending on the size of the meet, time available, etc; and be announced at the General Meeting.
 - ◆ The 50s are the last events swum in Time Trials, except on the day(s) which they are contested in the meet, when they will be the first event of time trials.

Entry fees for Time Trials are the same as those established for the meet, and payment is by cash or check made payable to Indiana Swimming.

The 2017 Phillips 66 National Championships are subject to Doping Control.

All athletes at this competition are subject to drug testing conducted by the United States Anti-Doping Agency (USADA), WADA, and/or FINA under the In-Competition Testing program. This section is intended to give an overview of the key points relevant to this program and the testing which will be conducted at the competitions governed by this booklet. Athletes should visit <http://www.usada.org/athletes/antidoping101/> for important information that all athletes, coaches, and their parents must be aware of. Key details from that document are listed below. Athletes should check their medications prior to use and note that some medications may require approval that will take at least 21 days.

What substances are banned?

Per USADA: "As a signatory to the World Anti-Doping Code, USADA tests for substances and methods found on the World Anti-Doping Agency [Prohibited List](#). It's important that athletes are aware of the substances and methods on the Prohibited List, as an athlete is responsible for any prohibited substance found in their body, regardless of intent. It's also important to understand that certain substances are prohibited at all times, while others are prohibited only during competition. In some cases, a substance is only prohibited in a certain sport. Use the resources on this tab in conjunction with the next step about medication and the resources available pertaining to medication to determine whether or not a substance is prohibited." [Read the Athlete Guide to the WADA Prohibited List](#)

What about medication?

Per USADA: "Athletes need to be aware of the prohibited status of any medication they are taking, whether it be an over-the-counter or prescription medication. The easiest way to understand your medication is to use USADA's [Global DRO](#) service, where generic and name brand products, or specific medications, can be searched. Results will yield information including the in- and out-of-competition status, any threshold information, as well as sport specific information for those substances prohibited only in certain sports. Athletes or their support team can also speak to an expert by phone during business hours [8am – 5pm Mountain Time Monday-Friday] by calling Athlete Express at 719.785.2000.

The [USADA wallet card](#) also provides information on the most commonly ingested medications. If and when a medication is prohibited, athletes may choose to stop taking or replace the medication with a non-prohibited substance or explore the [Therapeutic Use Exemption](#) process.

Your health is your first priority. Any decision to stop or start a medication should be made in consultation with your medical provider. It's important to understand that Dietary Supplements are not medication. They are regulated and manufactured differently. For these reasons, USADA is unable to provide guidance on specific dietary supplement products. For more information [visit USADA's Supplement 411 resource](#)."

Therapeutic Use Exemptions?

Per USADA: "In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's [Prohibited List](#). A Therapeutic Use Exemption or TUE provides permission for an athlete to have a prohibited substance in their body at the time of a drug test. The process for obtaining a TUE is thorough and balances the need to allow athletes access to critical medication while upholding clean athletes' rights to compete on a clean and level playing field. In some cases, the TUE requirements are different for national-level athletes vs. non-national level athletes. Athletes interested in obtaining a TUE should visit the [Therapeutic Use Exemption page](#), where they can determine if they need a therapeutic use exemption, begin the application process, and find answers to the most frequently asked TUE questions."

Understand the Sample Collection Process:

Per USADA: "Athletes selected for testing are subject to both blood and urine testing. The processes are designed to be both effective in preserving the integrity of the sample, yet safe and comfortable for the athlete. Understanding the processes as well as an athlete's rights and responsibilities can help to make them less intimidating. There are additional considerations for minor athletes and disabled athletes. Learn more about the sample collection processes [here](#)." NOTE: Minor athlete should always have a representative with them in doping control.

Per established doping control testing protocol a Witnessing Chaperone must directly observe an athlete providing a sample. The witnessing chaperone is always someone of the same gender as the athlete. To protect the rights of a minor athlete, someone must observe the witnessing chaperone observing the athlete as they provide a urine sample. That person cannot see the athlete – they can only see the witnessing chaperone watching the athlete. Per USADA's established protocol the athlete has the right to choose who will be in that role. In the event that a coach acts as an Athlete Representative for an athlete of the opposite gender, they may request that someone on USADA's crew observe the witnessing chaperone observing the athlete. Then the coach can be the athlete representative for the rest of the processing of the paperwork.

Doping Control rule for athletes previously eligible for out of competition drug testing:

Athletes who were previously eligible for out of competition (no-advance-notice) doping control and officially retired have a 6 month waiting period before they can compete (should they choose to return to competition) and must again be subject to out-of-competition testing during this reinstatement period. The athlete is not permitted to compete in any USA Swimming sanctioned events (local competitions all the way up through National competitions including meets with a dual sanction from Masters and USA Swimming) or FINA sanctioned events. If you have an athlete in this situation, please email smichael@usaswimming.org immediately.



TIME STANDARDS

2017

PHILLIPS 66 NATIONAL CHAMPIONSHIPS

Women			Men	
SCY	LCM		LCM	SCY
22.49	26.19	50 Freestyle	23.29	19.89
49.09	56.59	100 Freestyle	50.79	43.39
1:46.49	2:02.39	200 Freestyle	1:51.89	1:36.09
4:44.99	4:17.99	400/500 Freestyle	3:58.69	4:20.29
9:49.99	8:49.99	800/1000 Freestyle	8:15.49	9:07.49
16:21.89	16:52.99	1650/1500 Freestyle	15:49.99	15:15.59
53.69	1:03.39	100 Backstroke	57.19	47.19
1:56.39	2:16.59	200 Backstroke	2:03.99	1:45.49
1:01.29	1:11.59	100 Breaststroke	1:03.89	53.89
2:12.89	2:34.99	200 Breaststroke	2:18.99	1:59.19
53.29	1:01.19	100 Butterfly	54.79	47.59
1:58.49	2:15.29	200 Butterfly	2:02.29	1:45.69
1:58.99	2:18.69	200 Individual Medley	2:05.29	1:45.79
4:13.89	4:54.99	400 Individual Medley	4:27.99	3:47.99
x	3:52.69	4x100 Free Relay	3:29.29	x
x	8:22.19	4x200 Free Relay	7:42.79	x
x	4:18.29	4x100 Medley Relay	3:50.09	x

Qualification Period 6/1/2016 through Entry Deadline

Women		18& Under Bonus	Men	
SCY	LCM		LCM	SCY
22.99	27.09	50 Freestyle	24.09	20.59
50.19	58.29	100 Freestyle	52.19	44.59
1:48.99	2:04.69	200 Freestyle	1:54.69	1:38.79
4:49.09	4:22.19	400/500 Freestyle	4:03.59	4:29.29
9:58.79	9:00.29	800/1000 Freestyle	8:24.69	9:15.19
16:35.89	17:14.29	1650/1500 Freestyle	16:08.09	15:37.49
55.09	1:04.59	100 Backstroke	58.99	49.89
1:58.79	2:18.69	200 Backstroke	2:07.39	1:48.39
1:03.49	1:13.49	100 Breaststroke	1:06.29	55.99
2:15.89	2:38.69	200 Breaststroke	2:23.69	2:01.99
55.09	1:02.59	100 Butterfly	56.69	49.19
2:00.99	2:17.39	200 Butterfly	2:05.49	1:48.29
2:02.29	2:21.89	200 Individual Medley	2:08.69	1:49.29
4:17.99	4:58.09	400 Individual Medley	4:33.89	3:53.49