

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 401 Women 200 Yard Medley Relay

1:45.59 AAA

1:47.45 AAC

	Team	Relay	Seed Time
1	Wenatchee	A	1:48.63
2	Skyline	A	1:49.52
3	Jackson	A	1:50.30
4	Mount Vernon	A	1:51.14
5	Newport (Bellevue)	A	1:51.15
6	Curtis	A	1:52.35
7	Issaquah	A	1:52.44
8	Inglemoor	A	1:53.97
9	Kamiak	A	1:54.27
10	Puyallup	A	1:54.41
11	Walla Walla	A	1:54.52
12	Camas	A	1:54.75
13	Richland	A	1:54.85
14	Kentridge	A	1:55.07
15	Glacier Peak	A	1:55.39
16	Lake Stevens	A	1:55.50
17	Sumner	A	1:55.70
18	Eisenhower	A	1:55.78
19	Olympia	A	1:56.49
20	Eastlake	A	1:57.54 #
21	Woodinville	A	1:57.84 #
22	Mt Rainier	A	1:57.85
23	Moses Lake	A	1:58.36
24	Tahoma	A	2:01.48

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 402 Women 200 Yard Freestyle

1:49.09 AAA

1:50.82 AAC

	Name	Year	School	Seed Time	
1	DiMeco, Sarah	10	Skyline	1:51.98	
2	Groysman, Yulia	10	Newport (Bellevue)	1:53.63	
3	Pressler, Madison	12	Jackson	1:54.08	
4	Dovinh, Angeline	12	Kamiak	1:54.72	
5	Schaef, Claire	11	Richland	1:54.83	
6	Kiuchi, Kacey	11	Puyallup	1:55.59	
7	McRae, Catherine	10	Skyline	1:56.29	
8	Miele, Mikaela	11	Sumner	1:56.58	
9	Hartley, Jordan	11	Wenatchee	1:56.92	
10	Matsuda, Jenifer	12	Issaquah	1:57.80	
11	VanHeyningen, Hannah	11	Wenatchee	1:58.28	
12	Murray, Sabrina	12	Curtis	1:59.10	
13	Young, Stephanie	10	Skyline	1:59.67	
14	Bay, Rebecca	12	Wenatchee	2:00.43	
15	Youngs, Annaliese	11	Newport (Bellevue)	2:00.54	#
16	Ratliff, Amalie	12	Bothell	2:01.20	#
17	Gontova, Nadia	11	Newport (Bellevue)	2:01.58	#
18	Gallagher, Grace	9	Kentridge	2:01.78	
19	Jordheim, Kjerstyn	9	Hanford	2:02.80	
20	Nishizawa, Emiri	9	Tahoma	2:03.11	
21	Franklin, Meliah	10	Heritage	2:03.15	#
22	Wright, Lacey	11	Olympia	2:04.74	
23	Childress, Michaela	12	Kentridge	2:05.10	
24	Boar, Jessica	12	Glacier Peak	2:05.65	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 403 Women 200 Yard IM

2:02.49 AAA

2:04.94 AAC

	Name	Year	School	Seed Time	
1	Limberg, Nicole	12	Jackson	2:04.42	AAC
2	Bradley, Christina	10	Skyline	2:05.76	
3	Frey, Emma	11	Mount Vernon	2:07.06	
4	Straume, Elli	9	Kamiak	2:07.70	
5	Battistoni, Belle	9	Issaquah	2:08.40	
6	Himes, Danika	10	Skyline	2:10.51	
7	Limargo, Chloe	11	Jackson	2:10.87	
8	Cunningham, Maya	10	Eisenhower	2:11.65	
9	Springer, Jewel	10	Decatur	2:12.51	
10	Eha, Hanna	11	Skyview	2:13.78	
11	Fidler, Riley	10	Glacier Peak	2:13.85	
12	Alton, Madison	10	Newport (Bellevue)	2:14.45	
13	Sayles, Lauren	10	Skyline	2:14.53	
14	Beal, Rachel	12	Mt Rainier	2:14.64	
15	Markle, Shayla	9	Kennedy	2:15.01	
16	Sun, Natalie	10	Issaquah	2:15.31	#
17	VanZonneveld, Katie	11	Curtis	2:15.56	
18	Eha, Hallie	11	Skyview	2:17.05	#
19	Makhervaks, Keren	10	Newport (Bellevue)	2:17.27	#
20	Wilson, MichaelAnn	12	Sumner	2:18.29	
21	Hickey, Molly	9	Curtis	2:19.66	
22	Pratt, Elise	10	Enumclaw	2:20.23	
23	Eifert, Alice	10	Wenatchee	2:25.86	
24	Kim, Catherine	10	Davis	2:26.14	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 404 Women 50 Yard Freestyle

23.31 AAA

23.71 AAC

	Name	Year	School	Seed Time	
1	Carlton, Emma	11	Mount Vernon	23.28	AAA
2	Dang, Gabrielle	10	Inglemoor	23.47	AAC
3	Dressel, Isabelle	12	Wenatchee	23.90	
4	Gardner, Paige	11	Walla Walla	24.16	
5	Marlatt, Gabby	11	Lake Stevens	24.37	
6	Lopez-Silvers, Willow	12	Curtis	24.49	
7	Vo, Song-Nhi	10	Kamiak	24.57	
8	Pak, Jazlynn	9	Bothell	24.76	
9	Ruff, Hally	11	Walla Walla	24.77	
10	Woods, Colleen	12	Heritage	24.84	
11	Wang, Gracie	9	Newport (Bellevue)	24.92	
12	Hanger, Lindsey	12	Tahoma	24.94	
13	Childress, Haley	12	Kentridge	24.99	
14	Nguyen, Rachel	10	Newport (Bellevue)	25.00	
15	Lines, Kiah	9	Glacier Peak	25.02	
16	Doennebrink, Danielle	12	Inglemoor	25.05	
17	Huynh, Isabelle	9	Issaquah	25.15	
18	Mennetrot, Neomi	10	Richland	25.19	
19	Panova, Liza	12	Inglemoor	25.21	
20	Smerekanych, Eva	10	Newport (Bellevue)	25.22	
21	Hayes, Makenna	10	Emerald Ridge	25.34	
22	Huyhn, Emma	9	Sumner	25.47	
23	Seibel, Julia	11	Kentridge	25.75	
24	DeGrasse, Jackie	10	Eisenhower	25.75	
25	Dana, Cora	10	Moses Lake	25.97	
26	Green, Naomi	11	South Kitsap	26.05	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 405 Women 1 mtr Diving

	Name	Year	School	
1	Pierce, Ali	12	Eastmont	439.30
2	Webster, McKenna	11	Sumner	403.80
3	Mueller, Katrina	12	Lake Stevens	395.10
4	Bingham, Naomi	11	Kamiak	391.75
5	Mosset, Kylie	11	Woodinville	387.65
6	Cribbs, Kennedy	11	Eastlake	384.00
7	Hsieh, Mari	11	Glacier Peak	380.90
8	Carlson, Abbie Jo	11	Enumclaw	377.85
9	Beliveau, Katherine	12	Kentlake	375.25
10	Bucknum, Aleah	11	Wenatchee	370.05
11	Lagdaan, Ryzele	9	Glacier Peak	369.15
12	Laney, Alyssa	12	Wenatchee	362.05
13	Whittington, Alyssa	11	Richland	335.30
14	Leidhoml, Payton	11	Monroe	315.45 #
15	Mejia, Callie	11	Issaquah	307.60 #
16	Reyes, Siayann	10	Bothell	305.80 #
17	Azzarello, Sydney	10	Skyline	305.05 #
18	Clayton, Erin	10	Bothell	304.30 #
19	Shull, Hannah	10	Bothell	302.25 #
20	Brault, Emily	9	Wenatchee	300.80
21	Padilla, Cassie	11	Kentlake	292.60
22	Terry, Maddie	12	Kennedy	292.05
23	Shimp, Allison	10	Mt Rainier	283.65
24	Kemp, Madeline	12	Kennedy	277.85

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 406 Women 100 Yard Butterfly

54.84 AAA

55.98 AAC

	Name	Year	School	Seed Time	
1	Carlton, Emma	11	Mount Vernon	54.96	AAC
2	Wierzbicki, Jessica	12	Wenatchee	56.53	
3	Pak, Jazlynn	9	Bothell	56.95	
4	Childress, Haley	12	Kentridge	58.07	
5	Baron, Samantha	9	Newport (Bellevue)	58.48	
6	Woods, Colleen	12	Heritage	58.55	
7	Vo, Song-Nhi	10	Kamiak	58.82	
8	Fidler, Riley	10	Glacier Peak	59.00	
9	Wulf, Kailie	11	Wenatchee	59.13	
10	Grebinsky, Kira	10	Issaquah	59.14	
11	Hartley, Jordan	11	Wenatchee	59.20	
12	Fair, Anna	11	Moses Lake	59.62	
13	Emerick, Laina	11	Woodinville	59.66	
14	Markle, Shayla	9	Kennedy	59.78	
15	Cunningham, Maya	10	Eisenhower	59.80	
16	Norman, Ally	12	Olympia	1:00.03	
17	Wong, Ashley	9	Newport (Bellevue)	1:00.28	
18	Young, Stephanie	10	Skyline	1:00.35	
19	Jacobson, Emily	12	Lake Stevens	1:00.79	#
20	Sun, Natalie	10	Issaquah	1:01.09	#
21	VanZonneveld, Emily	9	Curtis	1:02.02	
22	Le, Jade	9	Auburn Mountainview	1:02.16	
23	So, Jayda	9	Kent Meridian	1:02.30	
24	Gallagher, Grace	9	Kentridge	1:03.39	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 407 Women 100 Yard Freestyle

50.59 AAA

51.40 AAC

	Name	Year	School	Seed Time	
1	Dang, Gabrielle	10	Inglemoor	50.83	AAC
2	Bradley, Christina	10	Skyline	51.66	
3	Straume, Elli	9	Kamiak	52.59	
4	Marlatt, Gabby	11	Lake Stevens	52.72	
5	Pressler, Madison	12	Jackson	52.85	
6	Dovinh, Angeline	12	Kamiak	53.16	
7	Lopez-Silvers, Willow	12	Curtis	53.51	
8	Huynh, Isabelle	9	Issaquah	53.85	
9	Gardner, Paige	11	Walla Walla	53.96	
10	Hanger, Lindsey	12	Tahoma	54.00	
11	Ruff, Hally	11	Walla Walla	54.20	
12	McRae, Catherine	10	Skyline	54.26	
13	Doennebrink, Danielle	12	Inglemoor	54.65	
14	Melgardshagen, Emma	9	Mariner	55.09	
15	Huyhn, Emma	9	Sumner	55.14	
16	Dressel, Rae Ann	9	Wenatchee	55.33	
17	Smerekanych, Eva	10	Newport (Bellevue)	55.57	#
18	VanZonneveld, Katie	11	Curtis	55.63	
19	Kessinger, Ana	11	Cascade (Everett)	55.83	#
20	Hayes, Makenna	10	Emerald Ridge	55.85	
21	Dana, Cora	10	Moses Lake	56.09	
22	Dunyaski, Gabi	10	Puyallup	56.66	
23	Hickey, Molly	9	Curtis	56.85	
24	Wilt, Abby	9	Wenatchee	58.33	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 408 Women 500 Yard Freestyle
4:52.18 AAA
4:57.63 AAC

	Name	Year	School	Seed Time	
1	DiMeco, Sarah	10	Skyline	4:54.74	AAC
2	Schaef, Claire	11	Richland	5:05.23	
3	Groysman, Yulia	10	Newport (Bellevue)	5:06.91	
4	VanHeyningen, Hannah	11	Wenatchee	5:14.14	
5	Miele, Mikaela	11	Sumner	5:15.59	
6	Makhervaks, Keren	10	Newport (Bellevue)	5:18.96	
7	Jordheim, Kjerstyn	9	Hanford	5:19.05	
8	Matsuda, Jenifer	12	Issaquah	5:20.48	
9	Ellis, Aimee	12	Eastlake	5:20.79	
10	Murray, Sabrina	12	Curtis	5:21.04	
11	Wright, Lacey	11	Olympia	5:26.28	
12	Segall, Bailey	9	Camas	5:29.20	#
13	Le, Jade	9	Auburn Mountainview	5:29.55	
14	Prater, Apolinaria	10	Cascade (Everett)	5:30.33	
15	Jacobson, Emily	12	Lake Stevens	5:31.46	
16	Nims, Alexis	11	Jackson	5:31.86	
17	Gontova, Nadia	11	Newport (Bellevue)	5:32.04	#
18	Seaberg, Stina	12	Kamiak	5:32.11	#
19	Heneghan, Abby	11	Skyline	5:33.49	#
20	Nishizawa, Emiri	9	Tahoma	5:33.81	
21	Wilson, Marin	9	Sumner	5:33.95	
22	Lurbur, Hadassah	10	Wenatchee	5:36.12	
23	Davy, Gabrielle		Moses Lake	5:37.16	
24	De Priest, Haley	10	Kentridge	5:41.54	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 409 Women 200 Yard Freestyle Relay

1:36.02 AAA

1:37.45 AAC

	Team	Relay	Seed Time
1	Wenatchee	A	1:39.63
2	Newport (Bellevue)	A	1:40.27
3	Issaquah	A	1:40.68
4	Skyline	A	1:42.10
5	Walla Walla	A	1:42.54
6	Kamiak	A	1:42.82
7	Jackson	A	1:42.85
8	Kentridge	A	1:42.85
9	Sumner	A	1:42.95
10	Inglemoor	A	1:43.47
11	Mount Vernon	A	1:43.60
12	Glacier Peak	A	1:43.65
13	Lake Stevens	A	1:43.68
14	Camas	A	1:44.28
15	Curtis	A	1:44.71
16	Cascade (Everett)	A	1:45.25
17	Moses Lake	A	1:45.88
18	Tahoma	A	1:46.12
19	Richland	A	1:46.15 #
20	Union	A	1:46.69 #
21	Puyallup	A	1:47.28
22	Bothell	A	1:47.68 #
23	Rogers (Puyallup)	A	1:47.94
24	Kentwood	A	1:48.85

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 410 Women 100 Yard Backstroke

55.31 AAA

56.51 AAC

	Name	Year	School	Seed Time	
1	Frey, Emma	11	Mount Vernon	56.81	
2	Nguyen, Rachel	10	Newport (Bellevue)	57.57	
3	Kiuchi, Kacey	11	Puyallup	57.67	
4	Emerick, Laina	11	Woodinville	58.78	
5	Lines, Kiah	9	Glacier Peak	59.36	
6	Wierzbicki, Jessica	12	Wenatchee	1:00.28	
7	Rainey, Maddie	12	Newport (Bellevue)	1:00.41	
8	Wilson, MichaelAnn	12	Sumner	1:00.68	
9	Ly, Heidi	9	Jackson	1:00.78	
10	Gonzalez, Izzy	11	Issaquah	1:01.03	#
11	Wong, Ashley	9	Newport (Bellevue)	1:01.46	#
12	Wulf, Kailie	11	Wenatchee	1:01.58	
13	Panova, Liza	12	Inglemoor	1:01.76	#
14	Beal, Rachel	12	Mt Rainier	1:01.82	
15	Norman, Ally	12	Olympia	1:01.89	
16	Kim, Marcia	11	Richland	1:01.90	
17	Castro, Olivia	9	Sumner	1:01.91	
18	Ellis, Aimee	12	Eastlake	1:01.93	#
19	Fair, Anna	11	Moses Lake	1:02.00	
20	So, Jayda	9	Kent Meridian	1:02.29	
21	Crowson, Abby	9	Camas	1:02.76	
22	DeGrasse, Jackie	10	Eisenhower	1:02.89	#
23	Grove, Maaya	9	Monroe	1:03.47	#
24	Reiff, Ali	11	Mt Rainier	1:04.51	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 411 Women 100 Yard Breaststroke

1:03.22 AAA

1:04.66 AAC

	Name	Year	School	Seed Time	
1	Limberg, Nicole	12	Jackson	1:03.43	AAC
2	Dressel, Isabelle	12	Wenatchee	1:05.08	
3	Battistoni, Belle	9	Issaquah	1:06.39	
4	Himes, Danika	10	Skyline	1:06.41	
5	Helgesen, Alyssa	10	Issaquah	1:06.90	
6	Pratt, Elise	10	Enumclaw	1:07.27	
7	Limargo, Chloe	11	Jackson	1:07.33	
8	Baron, Samantha	9	Newport (Bellevue)	1:08.24	
9	Bay, Rebecca	12	Wenatchee	1:08.53	
10	Dressel, Rae Ann	9	Wenatchee	1:08.62	
11	Eha, Hanna	11	Skyview	1:08.80	
12	Sayles, Lauren	10	Skyline	1:08.83	
13	VanZonneveld, Emily	9	Curtis	1:08.91	
14	Gunderson, Avery	9	Union	1:09.25	
15	Salgado, Gabrielle	12	Skyline	1:09.30	
16	Grebinsky, Kira	10	Issaquah	1:09.35	
17	Schroeder, Katie	12	Richland	1:09.89	#
18	Eha, Hallie	11	Skyview	1:10.02	#
19	Song, Emma	10	Olympia	1:10.18	
20	Springer, Jewel	10	Decatur	1:11.24	
21	Lawrence, Gabriella	9	Curtis	1:11.68	
22	Messineo, Tabitha	11	Puyallup	1:11.86	
23	Kalenius, Madelline	10	Kennedy	1:12.49	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2016 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 412 Women 400 Yard Freestyle Relay

3:28.71 AAA

3:32.15 AAC

	Team	Relay	Seed Time
1	Kamiak	A	3:34.31
2	Jackson	A	3:34.72
3	Skyline	A	3:35.04
4	Mount Vernon	A	3:37.38
5	Issaquah	A	3:39.56
6	Newport (Bellevue)	A	3:40.82
7	Lake Stevens	A	3:42.45
8	Wenatchee	A	3:44.41
9	Curtis	A	3:44.89
10	Richland	A	3:46.72
11	Puyallup	A	3:47.66
12	Tahoma	A	3:52.00
13	Kentridge	A	3:52.71
14	Olympia	A	3:53.29
15	Hanford	A	3:53.94
16	Cascade (Everett)	A	3:55.79 #
17	Eisenhower	A	3:55.89
18	Eastlake	A	3:56.25 #
19	Mt Rainier	A	3:56.31
20	Skyview	A	3:58.78 #
21	Eastmont	A	3:59.31
22	Rogers (Puyallup)	A	4:01.90
23	Kentwood	A	4:02.71
24	Bothell	A	4:03.82 #